

Health Kits for Haiti

The Bridge will be collecting health kits for the people of Haiti for the next two weeks (until Feb. 1, 2010). You may bring your completed health kit to the United Methodist Student Center at the corner of 47th and Kinkead. The cost to assemble a kit is anywhere for \$4 - \$12. If you can't do one on your own partner with a friend or two to make a kit. Below are the items needed and instructions for making a kit if you have any questions please feel free to contact us at 479.434.2699.

KIT CONTENTS

Place these items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", no kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- 6 adhesive plastic strip sterile bandages

(NOTE: UMCOR Sager Brown is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before it is sent. Please include \$1 for each kit you send toward the purchase of toothpaste.)

Important Kit Assembly Information

All items included in kits must be **NEW** items.

All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items—nothing more. **Do NOT** include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.